

Simultaneous Radius and Navicular Fractures

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History

Teenager with wrist pain after skateboard injury.

Diagnosis

Simultaneous Radius and Navicular Fractures

Discussion

Simultaneous fractures of the distal radius and scaphoid are uncommon. In a prospective study, there were 2,330 distal radial fractures and 390 scaphoid fractures; 12 were combined. Most had high energy trauma. Distal radial fracture constitutes the principal injury and determines the outcome. If the scaphoid fracture is unstable or dislocated internal fixation of the scaphoid is recommended.

Findings

CR-Anteriorly displaced Salter-Harris type II fracture of the distal radius and nondisplaced transverse fracture of the navicular waist.

Reference

Hove LM. Simultaneous scaphoid and distal radius fractures. J Hand Surg Br (1994); 19(3):384-388.







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